

Dhara Sheth
School Counselor Intern,
Cedar Park Middle School, Beaverton School District
11100 Sw Park Way, Portland Oregon 97225
(503) 672- 3620

Cedar Mill Elementary School, Beaverton School District
10265 NW Cornell Rd, Portland, OR 97229
(503) 259-6685

Professional Disclosure Statement

My Role as a Professional School Counselor:

It is my personal mission as a Professional School counselor intern to create a positive and nurturing environment that is student-centered with the contribution of each of its stakeholders. As a professional, I am qualified to work with students in a variety of mediums. It includes the classroom interactions, one-to-one counseling, group counseling, peer mediation, school wide events and crisis response services.

Counseling Philosophy and Services:

I will provide a comprehensive school counseling guidance program, which will explore the domains of academic, career, and personal/social development as advocated by American School Counselor Association (ASCA). I will advocate and attempt to strengthen the family-community partnership with school in order to enhance the diverse environment of the school.

Education and Qualification:

I am a third and final year student of Master's in School Counseling that is CACREP accredited program from the Counseling Education department, Portland State University. Additionally, I have received Master's of Arts in Counseling Psychology in 2008 from The Maharaja Sayajirao University of Baroda, India.

Experience:

I have completed my practicum as a clinic counselor-in training at Portland State University with 43 hours of individual direct counseling. Currently, as a part of my program, I am placed at Cedar Park Middle school and Cedar Mill Elementary school, both in Beaverton School district, as a counseling intern.

I also have experience working in high school and middle school in India as an educator and a counselor.

Ethics:

I will adhere and abide by the Code of Ethics set by the American Counseling Association as well as the Ethical Standards set by the American School Counseling Association and the National

Board for Certified Counselors.

Fees:

As a school counselor intern, I am placed at Cedar Park Middle School and Cedar Mill Elementary School through Beaverton School District and the Portland State University. As a student staff, I do not require a fee for my services as a school counselor intern.

Use of Diagnosis:

In my role as a school counselor intern in the state of Oregon, I will **not** be conducting formal diagnosis for students, not even at the request of family. My role is to refer the students requiring assessment and diagnosis. My diagnostic training allows me to work collaboratively with school psychologist, school staff, parents, and other professional mental health providers on behalf of students with mental health concerns.

Complaint Procedure:

I encourage you to discuss any complaints you may have with me. If issues go unresolved you may approach my supervisors who are school counselors: Mr. Andrew Witt or Mrs. Elizabeth Williams (Cedar Park) and Mrs. Jan Blakeslee (Cedar Mill). You may also contact Assistant Principal or the Principal in the school. You may also report complaints to TSPC (Teacher Standards and Practices Commission) or the Oregon Board of Licensed Professional Counselors and Therapists. You may contact TSPC at 250 Division St. NE Salem OR 97301 (503) 378-3758 (FAX) (503) 373-1260 www.oregon.gov/TSPC/ or the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE #250, Salem, OR 97302-6312. Telephone: (503) 378-5499 Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT

Your child and you have the following rights (parents)

- I will work with your child with respect providing an adult mentor during their school life. I will work with your child and you to identify and establish child's personal goals.
- I will keep the information your child shares with me in counseling as confidential except in some serious situations where your child's safety or the safety of someone else is in danger. In those situations I will need to break the confidentiality. These situations are :
 - Reporting suspected child abuse
 - If I discover from your child or someone else that your child is planning to harm self/someone else
 - If a judge tells me I have to in the court of law
- If your child is participating in small group of students for group counseling, I will strongly encourage everyone to keep confidentiality, but I cannot guarantee it.
- Sometime I might need help from my supervisors, or school staff to determine how I can help your child in the best possible way. This is called consulting. If I need to do this in order to help the child, I will keep their identity private and not use child's name. I will not use any information about the child that directly points towards them.

You have the following rights (students)

- I will treat you with respect and be an adult in your school life with whom you can talk about your life. We will work together towards your achievement as it means to you.
- I will keep our secrets. Whatever you talk or share about in counseling will be confidential. This means that I will not share further whatever we talk about in counseling with anyone without your permission except some serious situations where your safety or the safety of someone else is in danger. In those situations I will need to break our secret and report it to appropriate authority. These situations are :
 - If I learn from you or someone else that someone is hurting you.
 - If I learn from you or someone else that you plan to harm yourself.
 - If I learn from you or someone else that you plan to harm someone else.
 - If a judge tells me I have to in the court of law.
- If we are in a small group of students for counseling I will encourage all of you to keep confidentiality, but I cannot guarantee it.
- Sometime I might need help from other counselors or school staff to determine how I can help you in the best possible way. This is called consulting. If I need to do this in order to help you, I will keep your identity private and not use your name. I will not use any information about you that directly points towards you.