



Some Useful Resource Links

Cross-cultural communication

<http://www.colorado.edu/conflict/peace/treatment/xcolcomm.htm> http://highered.mcgraw-hill.com/sites/0767430131/student_view0/glossary.html
http://www.csa.com/discoveryguides/census/gloss_f.php

Microaggression

http://www.fordham.edu/academics/office_of_research/research_centers__in/center_for_teaching_/the_art_of_teaching/microaggressions_89343.asp

Ethnic/racial identity development

<http://www.sciencedaily.com/releases/2014/02/140203084232.htm>
https://www.uky.edu/Classes/FAM/357/fam544/ethnic_identity.htm

Institutional racism

<https://www.pcc.edu/resources/illumination/documents/institutionalized-oppression-definitions.pdf>
<http://www.huffingtonpost.com/tag/institutional-racism>

Multiracial identity

<http://multiracialidentity.com/>
<http://www.nytimes.com/2011/01/30/us/30mixed.html?pagewanted=all>

Contact Information

Community Counseling Clinic
Portland State University
503.725.4620
clinic@pdx.edu



Empowering the Voice of Minority Community

pdx.edu/coun



Students of various culture, race, religion, sexual orientation, gender, age, national origin, socioeconomic status are integral part of PSU. Being a minority or an underrepresented student on-campus might lead you to feel disconnected, lonely, different or biased against. Having courageous conversation around diversity, inequality, microaggression, privilege and power could make you aware that you are not alone in experience.

Counseling department at PSU attempted to initiate courageous communication by inviting underrepresented PSU students for weekly support groups to process their experiences and work through stressors.

Let us begin by learning some terms:

Cross-Cultural Communication

"Cross-cultural communication is a field of study that looks at how people from differing cultural backgrounds communicate, in similar and different ways among themselves, and how they endeavour to communicate across cultures."

(Wikipedia)

Microaggression

"Brief and commonplace daily verbal, behavioral, or environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial slights and insults toward people."

(Sue et al., 2007)

Institutional racism

"Institutional racism is any system of inequality based on race. It can occur in institutions such as public government bodies, private business corporations (such as media outlets), and universities (public and private). The collective failure of an organization to provide an appropriate and professional service to people because of their colour, culture, or ethnic origin"

William Macpherson

Terms continued

Ethnic/racial identity development

Racial and ethnic identity includes three basic components: (a) membership—knowledge that one is a member of particular racial and ethnic groups; (b) beliefs—beliefs about how the groups one is a member of fit into broader society and how members of these groups act, what they believe in, what their goals and values are, and the strategies they use to attain these goals; (c) action readiness—readiness to act in ways that are congruent with beliefs about group membership."

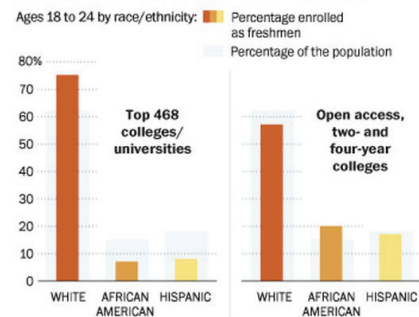
(Encyclopedia of the Life Course and Human Development)

Multiracial identity

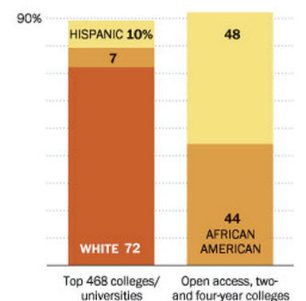
"a person whose identity includes more than one racial group. Multiracial identities can be created by having parents from two different races or through transracial adoptions and other social and cultural processes."

(www.csa.com)

Distribution of race/ethnicity as a percentage of the population ages 18 to 24 compared to the percentage by race/ethnicity of the population ages 18 to 24 who are enrolled in postsecondary education as freshmen



Enrollment growth from 1995 to 2009 For postsecondary education, as a percentage of race/ethnicity



Source: [Georgetown Public Policy Institute](#), Georgetown University, Tobey/The Washington Post. Published on July 31, 2013, 5:27 p.m.

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