

Multiple Intelligences

What are you good at?
What do you like to do?

Verbal/Linguistic Intelligence

- I write well and enjoy putting thoughts on paper
- I enjoy telling stories and jokes
- I can remember names, places, dates or trivia/facts
- I enjoy word games
- I enjoy reading books and magazines
- I am a good speller
- I enjoy nonsense rhymes, limericks, puns, etc
- I enjoy listening to the spoken word
- I have a good vocabulary
- I enjoy communicating by talking or writing

Total 3

Spatial Intelligence

- I can visualize things clearly in my mind
- I like maps, charts and diagrams better than words
- I often daydream
- I enjoy artistic activities
- I am good at drawing things
- I like movies, pictures and other visual presentation
- I enjoy mazes, jigsaw puzzles, and/or Rubik's Cubes
- I can manipulate three dimensional drawings in my head
- I frequently doodle or sketch
- I enjoy creating designs on paper or by computer

Total 5

Logical-Mathematical Intelligence

- I ask questions about how things work
- I can do math problems in my head
- I enjoy math classes
- I enjoy math games/computer math games
- I enjoy chess, checkers, or other strategy games
- I enjoy logic puzzles or brain teasers (Sudoku)
- I like to put things in categories or hierarchies
- I like to use a variety of thinking skills to figure things out
- I am good at thinking on an abstract or conceptual level
- I clearly see cause-effect relationships

Total 3

Bodily-Kinesthetic Intelligence

- I am good at sports
- I fidget/move around when asked to sit for very long
- I am good at mimicking/copying others' gestures
- I like taking things apart and putting them back together
- I enjoy touching/holding objects and moving them around
- I like working with my hands (sewing, repairing, making things)
- I use many hand motions/gestures when expressing myself
- I experience different physical feelings when thinking or working
- I enjoy expressing myself through movement or dance
- I learn best when I am able to do things with my hands/move things

Total 3

Musical Intelligence

- I can tell the difference between different sounds/tones
- I remember melodies/tunes easily
- I can carry a tune/sing on key
- I can play a musical instrument
- I often hum or sing to myself
- I am sensitive to noises (rain, traffic)
- I like doing things in a rhythmic way
- I can hear music in my head
- I enjoy reading music
- I can keep time to a variety of music

Total

1

Intrapersonal Intelligence

- I know how to set goals and reach them
- I clearly know my strengths and weaknesses
- I am comfortable with myself and enjoy my own company
- I feel good about who I am and what I stand for
- I would be described as someone who has their act together
- I stand up for what I believe, regardless of what others think
- I am continually learning from my successes and failures
- I am not much concerned about fashion, trends or what is in
- I am almost always honest and up front about how I am feeling
- I almost never feel bored or down

Total

2

Interpersonal Intelligence

- I enjoy socializing/visiting
- I am a natural leader
- I am a good listener when friends have problems
- I make friends easily
- I enjoy clubs, committees and organizations
- I like teaching things to others
- I have many good friends and close acquaintances
- I am good at seeing another person's point of view
- I enjoy talking to groups
- I enjoy exchanging ideas with others

Total

3

Naturalist

- I am good at noticing/classifying items (plants, animals, rocks)
- I am good with plants
- I enjoy collecting and studying items for nature
- I have a way with animals
- I learn more from the great outdoors than I do in a classroom
- I can name many different types of plants and animals
- I have always been interested in and fascinated by nature
- I watch many nature programs on TV
- I can detect small differences in appearance and texture
- I view a walk outside as a great learning experience

Total

0

Fill in your totals:

Verbal/Linguist: 3	Logical/Math: 3	Spatial: 4
Bodily/Kinesth: 2	Musical: 1	Interpersonal: 2
Intrapersonal: 3	Naturalist: 0	

Verbal/Linguistic

Generally good at writing, speaking and translating, they often have broad vocabularies

Author
Journalist
Translator
Poet
Public Speaker
Lawyer
Editor
Secretary
Presenter
Comedian

Visual/Spatial

Good with perception and spatial judgment, good hand-eye coordination

Artist • learn about the arts
Engineer • go to ACMA
Interior design
Photographer • take pictures
• learn from someone

Logical/Mathematical

Generally good with numbers, logic and abstractions

Scientist
Computer programmer
Accountant
Medical professional
Statistician
Stock broker
Purchaser
Banker
Math teacher
Underwriter

Bodily/Kinesthetic

Muscular coordination, movement and doing

Dancer
Athlete
Builder
Model
Doctor/Nurse • learn more of
Coach science
Mechanic • learn about the body
Paramedic
Police Officer

Auditory/Musical Intelligence

Good hearing, often have perfect pitch

Musician
Singer
Music teacher
Song writer
Conductor
Sound engineer
Music studio director

Intrapersonal Communication

Introverted, complex philosophy

Psychologist
Therapist
Philosopher
Religious leader
Social worker
Counselor

Interpersonal Communication

Interaction with others, people person, empathy, understanding

Teacher/Educator
Politician
Anthropologist
Business leader
Sociologist
Travel agent
Salesperson
Public Relations
Consultant

Naturalist Intelligence

Good at recognizing and categorizing plants, animals and other nature

Biologist
Botanist
Meteorologist
Geologist
Zoologist
Nature guide
Zoo keeper
Gardener
Veterinarian
Farmer
Landscape design
Conservationist