# Dhara Sheth

#### Education

- 2011 2014 M.S, Counselling Education, Portland State University Oregon, USA, GPA 3.94.
- 2006 2008 M.A, Psychology, Maharaja Sayajirao University, Baroda, India.

## Grant

- Project-Diversity Ambassadors Network
- Role Project conception, grant writing and implementation
- Recruiting and Training Diversity Ambassadors to create Podcasts on the topic of Diversity, Racism and Discrimination.

### Diversity and Inclusion in Education

- 2022-current Accessibility Consultant, University of Technology Sydney.
  - Liaise and deliver Accessible Education Plan for students with disability, neuro-diversity and varied health conditions
  - o Liaise with students, parents, faculty and university staff members for equitable education
  - 2018–2022 **Diversity Project Coordinator**, *Equal Opportunity and Diversity Management Unit*, Saarland University, Germany.

**Diversity@UdS project**, Nominated for the Impact of Diversity Award 2022, Germany.

- Identified gaps within the university's equal opportunities measures. Needs assessment through interviews and surveys.
- Developed programs such as Diversity Ambassadors Network, Diversity Competence Training, Networking group for women with Refugee or Migration background, Diversity Orientation Training for the junior faculty members.
- Collaborated with several stakeholders such as Anti-Racism WorkGroup, Student Council and other Student Services Units for discrimination-free university
- Organized Diversity panel and events for Days of Significance.
- Advised students and employees with care responsibilities.
- Advised students with disability and chronic health conditions and coordinated reasonable accommodations
- Reviewed program effectiveness through partipation and feedback data

## Trainer & Guest Faculty

- 2022, 2021 **Diversity Workshop Series**, Foundation course Key Competencies Certificate "Diversity-Kompetenz", Saarland University.
  - 2021 **Diversity Equity Inclusion 101**, Foundation course Key Competencies Certificate "Diversity-Kompetenz", Saarland University.
  - 2020 Child and Adolescent Mental Health, Special Issues, Psy Lens Center, India.

## School and Mental Health Counselling

2015-2016 **Counselling for children and adults**, *Old Mil Center for Children and Families*, Oregon, US.

2014-2015 Licensed School Counsellor, Salem Keizer School District, Oregon, US.

Teaching and Mentoring Experience

- 2012-2014 The University Studies Peer Mentor, Portland State University.
- 2012-2013 International Student Peer Mentor, Portland State University.
- 2009-2011 High School Psychology Teacher, Eklavya School, Ahmedabad, India.

#### Research Experience

MS/USA *Thesis:* Studying the effect of career exploration interventions on Hispanic (Latina) students' academic goals and post-secondary planning

## Panel and Invited Talks

Online panel discussion on career paths in the field of diversity, Saarland University. Guest Seminar on Diversity Management and Critical Race Theory, Saarland University. Webinar on Change is Constant in times of COVID-19, Vahani Scholarship Trust. Sharing Best Practices of Equal Opportunity and Diversity Unit, DIES International Deans' Course Latin America.

**DiversityTalks**, Cooperation with Max Plank Institutions, Saarbruecken.

#### Awards & Endowments

- 2022 Nomination for the Impact of Diversity Award in the category University Award, Frauen Karriere Index, Germany.
- 2014 David Capuzzi Outstanding Scholar Program Endowment, Portland State University.
- 2010 Best Educator of the year in High School, Eklavya School.

## Licenses & Certified Courses

- 2014 Professional School Counsellor I K-12, TSPC License, Oregon, US.
- 2014 **MANDT**, Preventing workplace and relational violence.
- 2013 MI, Motivational Interviewing in Schools.
- 2013 ASSIST, Applied Suicide Intervention Skills Training.
- 2012 **CampVictory**, *Training surrounding issues of child sexual abuse*.
- 2007 Yoga Training, at MS University.

## Community & Volunteer Work

Immigrant and Refugee Community Organization (IRCO), US.

**SAWERA** -South Asian Women's Empowerment and Resource Alliance, Oregon, US, Domestic Violence Support Volunteer.

World Mental Health Week, India, Creating awareness about mental health.

**Active blogger**, *Post-pregnancy, I have been an active blogger blogging about issues relating to* gender equality *and* family *at dhara.sheth.net.in. My articles have been published at www.oowomaniya.com and www.poise7.com.* 

#### Multilingual

Fluent: English, Hindi, Gujarati, Beginning: German

#### Parental leave

2016–2018 Maternity & Child care, I took a break from employment.